Influence of Thermal Processing for 3D Printed Components

DRAGOS ALEXANDRESCU¹, IULIAN ANTONIAC¹, CRISTIAN OLTEANU²*, LUCREȚIA ANGHEL³, NICOLAE SARBU³, ROBERT CIOCOIU¹*, MIHAELA MONICA SCUTARIU⁴, ZINOVIA SURLARI⁵, NICOLETĂ IOANID⁴, VICTORITA STEFĂNESCU⁵

¹University Politehnica of Bucharest, Materials Science and Engineering Faculty, Metallic Materials Science and Physical Metallurgy Department, 313 Splaiul Independentei, 060042, Bucharest, Romania
²University of Medicine and Pharmacy “Iuliu Hatieganu”, Faculty of Dental Medicine, Orthodontic Discipline, 8 Victor Babes Str., 400000, Cluj Napoca, Romania
³Dunarea de Jos University of Galati, Faculty of Medicine and Pharmacy, 47 Domneasca Str., 800008, Galati, Romania
⁴Grigore T. Popa University of Medicine and Pharmacy Iasi, Dental Medical Faculty, 16 Universității Str., 700946, Iasi, Romania
⁵Grigore T. Popa University of Medicine and Pharmacy, Faculty of Medical Dentistry, Department of Prosthetic Dentistry, 16 Universității Str., 700946, Iasi, Romania

Abstract: In the medical field the additive manufacturing process by fused deposition modeling has gained a great importance given the ability to create complex, organic geometries, in a short time period and the possibility of high customization. By fused deposition process the part is created layer by layer and the resulting part is characterized by high anisotropy, dictated mostly by printing parameters. To alleviate the anisotropy and to study the mechanical behavior of the 3D printed parts thermal processing is used. The materials used as filament is a poly (lactic acid) with copper particles embedded for antibacterial purposes. Samples were 3D printed using a commercial printer, thermally processed and tested in compression. On the failed specimens fracture investigations were performed to understand mechanical behavior during compression. The mechanical characteristics showed improvement and the anisotropy decreased as the processing temperature increased, but the samples became brittle. The mechanical behavior changed drastically on the thermally processed samples because of structural changes: a discontinuity between exterior layers and infill layers was created post layer fusion, the first region being the one stressed and failed first during tests.

Keywords: 3D printing, thermal processing, mechanical properties

1. Introduction

Additive manufacturing is a process in which parts are created by the addition of successive layers of materials thus making possible the manufacture of structures with complex geometries, high customization of products and simultaneously reducing material waste [1-3].

This process is currently included in fields such as automotive, aerospace and especially medical and bio-engineering given that most parts are of complex geometry and require a high degree of customization [3, 4].

The most used additive manufacturing process is the fused deposition modeling where a filament (made of a thermoplastic polymer, metal or alloy) is extruded from a heated nozzle and deposited, on a predetermined path, layer by layer, to create the required part.

In medical field of wide use is the poly (lactic acid) (PLA), a thermoplastic polymer with characteristics similar to those of petroleum based ones [5], that can be used for various applications with the advantage that it is also biodegradable. Given the increasing concern on health and hygiene PLA has become a matrix for most antibacterial polymer composites [6-18].

A study on literature shows that silver particles are preferred for the production of antibacterial composites [6, 9] but lately copper is being used more and more [19 - 22].

*email: robert.ciocoiu@sbh.ro, cristiodolteanu@yahoo.com

All authors have equal contributions as the first author
The advantages of copper over silver include a broad spectrum efficacy against bacteria, viruses and fungi, while silver is less effective against the last two [23], copper is an essential micro-nutrient and enhances wound healing [24], its more durable than silver given its lower solubility while humid and hot environments do not reduce its efficacy [25, 26] as it happens with silver.

The mechanical properties of the 3D printed parts depend on a large number of build parameters: layer thickness, degree of infill and its design/orientation, operation temperatures and mechanical properties of the materials used as filaments, thus the resulting part can be thought as made of an composite [27-30]. While melting the filament an alignment of polymer molecules is possible [31] and given the volumetric shrinkage of printed fibers a weak inter-layer bond is most likely to take place [32].

A series of studies can be found in literature showing that thermal processing of printed 3D parts has an influence on their mechanical characteristics in that tensile strength, elastic modulus and fracture toughness increase post processing [33 - 36].

The association of 3D printing parameters and thermal processing results in a wide range of possible mechanical characteristics and behaviors for the same material when used as filament [37]. Along these aspects the presence of particles used for antibacterial or reinforcing purposes [38-40] might alter material flow in the nozzle and thermal distribution in the part while thermal processing [41].

The aim of our study is to see if the thermal processing of 3D printed parts could improve the physical condition, respectively mechanical properties of 3D printed parts. Enhancing the mechanical characteristics of fused deposition modeled parts could expand their use towards load bearing applications.

2. Materials and methods

The samples were made using a commercially available filament (Copper 3D PLACTIVE AN1) made of poly-lactic acid (PLA) with 1% copper nanoparticles embedded in it for antibacterial purpose.

Cubic samples (10x10x10mm) were designed in a CAD software and printed using a BCN3D SIGMA 3D printer. The nozzle diameter of the extruder head was 0.40mm and an extrusion multiplier of 1.00 was used, with printing temperatures of 220°C for the nozzle and 80°C for the heated bed.

The structure of the printed samples is shown in Figure 1.

![Figure 1. Section view showing the set-up structure of the printed sample](attachment:image)

The top and bottom solid layers were in number of eight (as depicted in Figure 2a, b, g and h) with 3 outline perimeter shells (1 layer for the single extrusion and 2 layers for the inner perimeter, shown in Figure 2a-h).

The infill was set to 100% with a rectilinear and alternating pattern (+45°/-45°) shown in Figure 2c-f.

Following the above configuration the 3D printed sample was considered to be isotropic in the x and y directions while the properties on z direction are expected to be different.

Since anisotropy is a major concern for 3D printed specimens to alleviate this aspect thermal processing is proposed considering a behavior similar to that of metals during stress annealing; by heating the 3D printed samples internal stresses that occurred during uneven cooling would be reduced and material characteristics improved.
The thermal processing was performed in an electrical furnace with samples inserted in a metallic box filled with sodium chloride powder for an uniform heating, Figure 3 shows the process setup.

The 0.5mm thick metallic box was placed directly on the bed of the furnace, and the samples were immersed in the sodium chloride powder according to the schematic above. The orientation of the sample was the same with the one from the printing bed.

The parameters of the thermal processing used are 3h holding time at 120, 140, 160 and 180°C. The metallic box was inserted in the furnace when it was already at the holding temperature and cooling was performed in air, by removing the box from the furnace.

For each thermal processing route 6 samples were used, the sample are identified as R - the reference samples, 3D printed, the thermal processing was performed by holding the samples for 3 h at 120°C, samples T1, 140°C samples T2, 160°C samples T3 and 180°C for the T4 samples.

Post thermal processing of the 3D printed samples each set was devised in two groups of 3 samples in respect to printing build-up, parallel (||) and perpendicular (\_\_\_) to this direction.

The samples were tested in compression using a servo hydraulic universal testing machine using a cross-head speed of 5mm/min and the failed specimen were studied using a stereo-microscope.
3. Results and discussions

The compression test data was processed and following parameters were determined: elastic modulus, elastic limit and the yield strength. Curve correction was performed to compensate the nose and the elastic modulus was determined by performing a linear regression on the straight line of the stress-strain curve. The elastic limit was determined as the point where the stress-strain curve deviates from the linear behavior and the yield strength was determined in a similar manner to that of the conventional yield strength in tension tests, by offsetting by 0.2%.

A selection of stress-strain curves on is presented in Figure 4 showing, by comparison, the mechanical behavior of the tested samples in compression.

![Figure 4. Stress-strain curves showing the mechanical behavior in compression for tested samples in respect to build orientation, a. - parallel and b. - perpendicular to printing direction](image)

The reference samples are malleable as they deform by barreling. The processed samples become less malleable as the treatment temperature increases up to 160°C. Above this temperature, in the current processing setup, the sample integrity is affected as seen in the aspect of the stress strain curves.

A comparison of average values for elastic modulus, elastic limit and yield strength is depicted in Figure 5.

![Figure 5. Comparison of average values for elastic modulus, elastic limit and yield strength](image)
Processing the samples by thermal treatment clearly induces changes within sample structure, thus the different behavior and mechanical properties.

Including the processing temperature influence on the mechanical characteristics of the samples, in Figure 6-8 the variation for the elastic modulus, elastic limit and yield strength is shown.

The variation of the elastic modulus in respect to thermal processing temperature shown in Figure 5 reveals that by processing the samples at 120°C the value of the elastic modulus increases 29.39% in parallel and by 14.28% in perpendicular direction. Further increase in processing temperature, at 140°C, leads to further improvement of the elastic modulus in the parallel direction, by 44.26%, in perpendicular direction its value increased by 13.86%. At 160°C the value for the elastic modulus in parallel direction drops by 35.03%, while on perpendicular direction an increase by 27.16% was computed.

The highest temperature chosen for thermal processing, 180°C, shows a powerful drop in the value of the elastic modulus, by 69.33% in parallel and 78.52% in perpendicular direction.
The variation of the determined elastic limit in respect to processing temperature is shown in Figure 6, where for the parallel direction no significant variation is to be observed until heating at 160°C is performed. The variations computed are increases by 2.62% when processing at 120°C, 3.56% at 140°C and 13.39°C when processing at 160°C. The highest temperature used, 180°C, leads to a severe drop of its value, by 47.02%.

On perpendicular direction a sudden increase by 30.55% occurred when processing was performed at 120°C, 8.05% at 140°C and 9.94% at 160°C. A drop by 47.78% in the value of the elastic limit when thermal processing was 180°C is observed.

![Figure 8. Yield strength variation in respect to thermal processing temperature](image)

The value of the yield strength varies also with the processing temperature, as shown in Figure 7.

On parallel direction little variation is to be observed until 180°C: at 120°C an increase by 4.97% was estimated, followed by a slight by 1.44% at 140°C and a slight increase by 3.01% at 160°C. At 180°C a severe decrease, by 58.16% was computed.

In perpendicular direction a moderate increase was observed at 120°C, by 11.16% and 9.96% at 140°C. At 160°C the increase is significant, by 29.06% the yield strength of the samples processed at this temperature supersedes the one for the samples tested on parallel direction. Again, the samples treated at 180°C show a decrease in the value of the yield strength by 37.75%.

A ratio defined by dividing the mechanical characteristic value determined on parallel to the one in perpendicular direction is computed. The value of the ratio can be used as a descriptor for the material anisotropy.

![Figure 9. Ratio variation for the elastic modulus in respect to temperature](image)

For the elastic modulus its values shows an increase as temperature increases, an anomaly is observed for the samples treated at 160°C (Figure 9), where a drop occurs.
In Figure 10 the ratio variation for the elastic limit in respect to temperature is shown. It can be seen that thermal processing leads to an initial drop from the initial values, followed by constant increase with increasing temperature.

![Figure 10. Ratio variation for the elastic limit in respect to temperature](image)

The ratio for the yield strength seems to drop as the processing temperature increases, as shown in Figure 11. The increase of the value of the yield strength on perpendicular direction is responsible for such variation. A value as close to 1.00 is desirable for an isotropic material which can be obtained by thermal processing at 140°C where a ratio value of 1.02 was obtained.

The variation of the results presented above can be explained by changes that occur in the material during thermal processing, in Figure 12 aspects from the surface of the tested samples obtained using a stereo-microscope are shown.

The reference samples oriented parallel to the build-up direction show a significant barreling, as shown in Figure 12a, with little damage to be observed on any of the facets. When thermally processed the damage begins to increase as the processing temperature increases, as depicted by Figure 12d, g, j and m.

When oriented on perpendicular direction in respect to build-up direction, the reference samples reveal a fracture type that resembles the fiber fracture of a composite material. As shown in Figure 12b the extruded filaments that constitute the layers begin to fail in the region of tension, since the local stress is a bending one. As the processing temperature increases, at 120°C (Figure 12e) and 140°C (Figure 12h) similar failure mode was observed. At 160°C (Figure 12k) and at 180°C (Figure 12n) individual filaments are no longer to be observed since they fused and created a compact material, the highest temperature produces a material that resembles one obtained by plastic injection.

On the other facets of the samples tested perpendicularly it can be seen that cracks developed between individual layers (Figure 12c and f) and at higher temperatures the external single extrusion layer and the inner perimeter layers delaminated completely and exposed the infill layers. The infill layers for the samples processed at 160°C show signs of fusion while those processed at 180°C reveal a complete fusion.
The thermal process clearly induces structural changes in the 3D printed samples, yet the mechanical behavior is mostly attributed to the behavior of the most exterior layers: the solid, external single extrusion and inner perimeter layers.

The fracture aspects shown in Figure 12 show that, at higher temperatures, exterior and infill layers begin to fuse and the cohesion between these regions is quite poor. The external layers take all the stresses during the test and fail.

At 180°C the PLA reaches its melting temperature and in the exterior layers grains of NaCl are embedded, thus the poor mechanical behavior of the T4 samples.

4. Conclusions

In this study it was aimed to see how thermal processing of 3D printed parts made of antibacterial PLA composites would alter the mechanical behavior and properties. It was shown that the strength characteristics (elastic modulus, elastic limit and yield strength) increase as thermal processing temperature increases, but a decline in plasticity occurs. The anisotropy of the parts is reduced also with increasing temperatures. The current setup for thermal processing of PLA parts can be used successfully...
up to and including temperatures of 160°C, above this temperature a new design is required since melting of the exterior layers of the part can embed particles.

The structure of the printed part changes with increasing processing temperature, starting from 160°C layer fusion becomes significant, aspect that changes the mechanical behavior drastically: the loads are distributed on the exterior layers which fail first.

The copper particles embedded in the PLA filament did not show any influence on the mechanical behavior of printed and thermally processed parts.

Using a temperature of 160°C in the current processing set-up ensures best mechanical characteristics and reduced anisotropy, yet taking into account the second influence factor, holding time, further optimization is possible.

The set of characteristics obtained post thermal processing at 160°C come in the close range of polyiminocarbonates.

References
4. JAMROZ, W., SZAFRANIEC, J., KUREK, M., JACHOWICZ, R., 3D Printing in Pharmaceutical and Medical Applications - Recent Achievements and Challenges, Pharm. Research, 35(9), 2018, Article Number: 176. DOI: 10.1007/s11095-018-2454-x.
12. DAVOODI, S., OLLIAEI, E., DAVACHI, S.M., HEJAZI, I., SEYFI, J., HEIDARI, B.S.


Manuscript received: 30.07.2021